

**Ballad Health Cardiovascular Summit 2019**

**Saturday, February 2, 2019**

7:00 AM – 4:50 PM  
MeadowView Conference Resort and Convention Center

**AGENDA & LEARNING OBJECTIVES**

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| **Schedule** | **Speaker & Topic** | **Learning Objective(s)** |
|  |  | “As a result of participating in this activity, the attendee will be able to…” |
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| **Saturday, February 3** |  |  |
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| 7:00 AM – 7:30 AM | **Breakfast and Registration** |  |
| 7:30 AM – 7:45 AM | **Welcome**  *Herb Ladley, MD, FACC,* | |
| 7:45 AM – 8:35 AM | **All Aortic Stenoses Are Not Created Equal**  *Mark Aziz, MD* | * Identify different subtypes of aortic stenosis * Identify different indications of Trans-catheter Aortic Valve Replacement (TAVR) |
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| 8:35 AM – 9:25 AM | **Endovascular Management of Complex Aortic Pathology**  *Bo Allen, MD* | * Discuss indications and treatment of aortic type B dissection * Describe new treatments in the management of/and trans-abdominal and aortic aneurysm |
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| 9:25 AM – 9:40 AM | **Break/Exhibits** |  |
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| 9:40 AM – 10:30 AM | **Healthcare and Cardiology: Future Trends**  *Tim Attebery, DSc, MBA, FACHE* | * Provide updates from Washington, D.C. including federal health policy and pending legislation * Explain how those issues and activities affect healthcare delivery and providers * Provide general forecast and predictions for the next congressional session as it relates to the healthcare industry |
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| 10:30 AM – 11:20 AM | **The Epidemic of Chronic Disease**  *Shari K. Rajoo, MD, MS* | * Discuss how chronic disease is at epidemic proportions and its relationship with healthcare expenditures * Examine why it is an epidemic * Analyze if whether or not it can be cured |
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| 11:20 AM – 12:10 PM | **Networked STEMI Care: New Laws/New Rules**  *Herb Ladley, MD* | * Discuss what networked care is and who plays a key role * Analyze the new Tennessee STEMI legislation/law and how it affects patient care |
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| 12:10 pm– 1:15 PM | **Lunch** |  |
| 1:15 PM – 2:05 PM | **Vascular Vignettes from Metzger-Land Part III**  *Chris Metzger, MD* | * Summarize the indications, criteria and outcomes for endovascular procedures for cranial disorders * Analyze current procedures and discuss the future of endovascular procedures |
| 2:05 PM - 2:55 PM | **Targeting Obesity: In My Office and My Community**  *Allison Angott, MD* | * Analyze community efforts that have objectively reduced levels of obesity * Recognize opportunities for physicians to participate in community efforts to increase weight loss * Integrate solutions for obesity management into hospital/office visit in a professional, patient friendly and efficient manner |
| 2:55 PM – 3:10 PM | **Break/ Exhibits** |  |
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| 3:10 PM – 4:00 PM | **Chest Pain Evaluation: Imaging or No Imaging**  *Timir Paul, MD* | * Discuss how to evaluate chest pain * Provide definition of different types of chest pain * Provide indications and contraindications of stress test * Discuss indications and contraindications of CTA |
| 4:00 PM – 4:50 PM | **Athletes and Electrophysiology**  *James Merrill, MD* | * Understand and identify potential risks of sudden cardiac death in athletes of all levels * Examine suspicious EKC patterns in athletes for possible arrhythmia events * Evaluation and monitoring techniques for symptomatic athletes to detect arrhythmia risk |
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| 4:50 PM | **Adjourn** |  |
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| **Activity Director** | | Herb Ladley, MD, FACC, Chief Medical Officer Ballad Health Holston Valley Medical Center, Kingsport, TN | | |
| **Planning Committee** | | Alan Novak, BS, Outreach Coordinator, Ballad Health Holston Valley Medical Center, Kingsport, TN  Crystal Wampler, MPH, MBA, Director, Physician Outreach, Ballad Health Holston Valley Medical Center, Kingsport, TN  Robin Proffitt, DNP, Knowledge Transfer Specialist Educator, Organizational Development Ballad Health  Donna Dougherty, BS, Educational Planner, ETSU, Quillen College of Medicine, CME | | |
| **Speakers** | | Robert (Bo) Allen, MD, Cardiologist, Kingsport, TN  Allison Angott, MD, Ballad Health Medical Group, Kingsport, TN  Tim Attebery, DSc, MBA, FACHE, CEO, American College of Cardiology, Washington, D.C.  Mark Aziz, MD, FACC, FSCAI, RPVI, Interventional Cardiologist, Kingsport, TN  Herb Ladley, MD, Ballad Health Cardiology Services, Kingsport, TN  James Merrill, MD, Electrophysiologist, Kingsport, TN  Chris Metzger MD, Cardiologist, Kingsport, TN  Timir Paul, MD, Associate Professor, Division of Cardiology, East Tennessee State University, Johnson City, TN  Shari K. Rajoo, MD, MS, AVP, Medical Director: Population Health Services, AnewCare Collaborative, and HR Health Management Diabetes Program | | |
| **Target Audience** | | Family Medicine Physicians, Internal Medicine Physicians, Physician Assistants, Advanced Practice Nurses, Nurses, Medical Residents, TN & VA EMS, Radiology Technicians, and Medical/Nursing Students | | |
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| **Overall Conference Objectives** | | As a result of attending this activity, the participant will be able to:   * Understand how utilization of Coronary CT Angiography in addition to standard care effectively lowers the risk of non-fatal myocardial infarction or death from coronary artery disease as compared to standard care alone. * Assess recent advances in structural heart interventions with emphasis on utilization of multi-model approaches designed to improve quality measurements as advances are made in newer intervention treatment modalities. * Summarize and evaluate new legislative STEMI (S-T Elevated Myocardial Infarction) Bill #2071 enacted in the state of Tennessee designed to improve mortality rates of patients while also discussing facility and accreditation standards for recognition as a STEMI referring center. | | |
| **Disclosure Information and Potential Conflicts of Interest** | | East Tennessee State University’s Quillen College of Medicine, Office of Continuing Medical Education (OCME) holds the standard that its continuing medical education programs should be free of commercial bias and conflict of interest. It is the policy of the OCME that each presenter and planning committee member of any CME activity must disclose any financial interest/arrangement or affiliation with corporate organizations whose products or services are being discussed in a presentation. All commercial support of an educational activity must also be disclosed to the conference attendees | | |
| **Participants with No Potential Conflicts of Interest** | | Each of the following speakers have completed a disclosure form indicating that they or members of their immediate family do not have a financial interest/arrangement or affiliation that could be perceived as a real or apparent conflict of interest related to the content or supporters involved with this activity: | | |
|  | | **Activity Director Disclosures** | | |
|  | | Herb Ladley, MD, FACC None | | |
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|  | | **Speakers** | | **Disclosures** |
|  | | Robert (Bo) Allen, MD  Allison Angott, MD  Tim Attebery, PhD  Mark Aziz, MD, FACC, FSCAI, RPVI  Herb Ladley, MD  James Merrill, MD  Chris Metzger, MD  Timir Paul, MD  Shari K. Rajoo, MD | | None  None  None  None  None  None  None  None  None |
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|  | | **Planning Committee** | | **Disclosures** |
|  | | Alan Novak, BS  Crystal Wampler, MPH, MBA  Robin Proffitt, DNP  Donna Dougherty, BS | | None  None  None  None |
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| **Participants with Potential Conflicts of Interest** | | Each of the following speakers and clinical planning committee members have completed a disclosure form indicating that they or members of their immediate family *do* have a financial interest/arrangement or affiliation that could be perceived as a real or apparent conflict of interest related to the content or supporters involved with this activity. All presentations have been peer reviewed, any potential conflicts of interest resolved, and each presentation has been found to be balanced, evidence-based, and free of commercial bias. | |  | |
|  | | **None** | |  | |
| **Commercial Support**  **Disclosure**  **Mission Statement** | | It is the policy of the Office of Continuing Medical Education at Quillen College of Medicine, East Tennessee State University to disclose all supporters of this educational activity from which educational grants were received. Commercial Support via Educational Grants are listed below.  Abbott Laboratories  Edwards Life Sciences  The mission of the Office of Continuing Medical Education at the James H. Quillen College of Medicine is to provide lifelong learning opportunities that meet the needs of faculty, community physicians and other health professionals. In addition, the Office of CME is committed to excellence and dedicated to the improvement of healthcare in Northeast Tennessee and the surrounding Appalachian Region. | |  | |
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| **Handouts** | | Presentations that have been granted permission by their author are posted online and are available for downloading and viewing at:  <https://drive.google.com/drive/folders/1qxQotT-AKEUM5dawGDXUkva6q9IQCXOl?usp=sharing> | |  | |
| **Claiming Credit** | |  | |  | |
|  | | CREDIT MUST BE CLAIMED WITHIN 30 DAYS FROM THE CONCLUSION OF ANY EVENT. To receive the appropriate credit for participating in this event, learners will need to complete the online evaluation.  **For complete step-by-step instructions, please see the CME website at:**  <https://www.etsu.edu/com/cme/hm_training_materials.php> | | | |
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| **Conference Planner** | | Donna Dougherty Educational Planner Office of Continuing Medical Education Quillen College of Medicine East Tennessee State University 423-439-8078/dougherty@etsu.edu | |
|  | | If you have any questions, concerns, or comments about this activity, please contact:  John Schweitzer, MD  Interim Director, Office of Continuing Medical Education  423-439-8081  [cmeadean@etsu.edu](mailto:cmeadean@etsu.edu) | |
| **Accreditation** | |  | |
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| **T:\Share\LOGO, FORMS & BANNERS\ACCME Accredited with Commendation Provider Mark\ACCME-commendation-2-color.jpg** | | **ACCME Accreditation:** The Quillen College of Medicine, East Tennessee State University, is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. | |
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| T:\CME\CME Shared\LOGO, FORMS & BANNERS\New Logos\quillen\COM logo.jpg | | **CME Credit:** Quillen College of Medicine, East Tennessee State University designates this live activity for a maximum of 7.5 *AMA PRA Category 1 CreditsTM.* Physicians should only claim credit commensurate with the extent of their participation in the activity. | |
|  | | **Joint Providership: :** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Quillen College of Medicine and Ballad Health. The Quillen College of Medicine is accredited by the ACCME to provide continuing medical education for physicians. | |
|  | | **CNE Credit:** Mountain States Health Alliance – Organizational Development is approved as a provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. This program is 7.5 contact hours. | |
| C:\Users\geracit\Desktop\7th Annual Rural Trauma Symposium\untitled.png | | ASRT Credit: This activity is approved for 8.0 Category A+ CEU’s and 1.0 Category A CEU’s by the ASRT | |
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**Disclosures to RN Participants**

**Name of activity: Ballad Health Cardiovascular Summit 2019**

**Date:** 2/2/2019

**Requirements for successful completion of this CNE activity**

1. Signature on the roster of attendance

2. Attendance for the entire conference; and

3. Completion of the speaker and program evaluation

**Conflicts of Interest**

The ANCC has established guidelines whereby all speakers must disclose any affiliations which may cause a conflict of interest.

A Conflict of Interest occurs when an individual has an opportunity to affect educational content about health-care products or services of a commercial interest with which she/he has a financial relationship. The following presenters (if applicable) of this CNE activity listed below have declared relevant financial relationships as follows:

**Commercial Support**

This section will list any/all commercial support provided for an educational activity.

**Non-Endorsement of Products**

Mountain States Health Alliance Organizational Development provider status refers only to continuing nursing education activities and does not imply that there is real or implied endorsement by of any product, service, or company referred to in this activity nor of any company subsidizing costs related to the activity.

**Off-label Product Use**

This CNE activity does not include any unannounced information about off-label use of a product for a purpose other than that for which it was approved by the Food and Drug Administration (FDA).

**Approved Provider Statement:**

Mountain States Health Alliance – Organizational Development is approved as a provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

7.5 Contact **hours** provided for the activity above.

**2019 Conference Exhibitors**

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Abbott Vascular

AstraZeneca

CLS Behring

Janssen Pharmaceuticals

Medtronic Core Valves

Pfizer

Sanofi

University of Tennessee Physician Executive MBA Program

Wings Air Transport

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