

The East Tennessee State University Department of Health Services and Management Policy

and East Tennessee State University Quillen College of Medicine present

CVD Appalachia Conference:

Developing a Research Agenda to Prevent and Control CVD in Central Appalachia  
Thursday, August 30, 2018  
The Millennium Centre  
Johnson City, TN

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| **Activity Director** | Hadii M. Mamudu, PhD, MPA, Principal Investigator for CVD Appalachia  Amy Poole, MS, Project Coordinator for CVDAppalachia |
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| **Target Audience** | This program is designed for all levels of healthcare providers, as well as medical and nursing students, public health professionals, stakeholders, and patients. |
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| **Overall Conference Objectives** | As a result of participating in this activity, the attendee should be able to:   * Identify underlying factors that contribute the disproportionately high burden cardiovascular disease in Central Appalachia * Define strategies to prevent and control CVD in your own patient population |

**AGENDA & LEARNING OBJECTIVES**

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| **Thursday,**  **August 30th** |  | **Learning Objective(s)** As a result of participating in this activity, the attendee will be able to: | **Room** |
| 8:00am – 9:00am | **Registration and breakfast** |  | Ballroom  2nd Level |
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| 9:00am – 9:10am | **Welcome**  *Melissa Hood, BS*  *ETSU Quillen College of Medicine*  *Office of CME, Educational Coordinator*  *Hadii M. Mamudu, PhD, MPA*  *Primary Investigator for CVDAppalachia*  *Associate Professor, ETSU College of Public Health* | | Ballroom  2nd Level |
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| 9:10am – 9:25am | **Opening Remarks**  *Wilsie Bishop, DPA*  *Vice President for ETSU Health Affairs* | | Ballroom  2nd Level |
| **Thursday,**  **August 30th** |  | **Learning Objective(s)** As a result of participating in this activity, the attendee will be able to: | **Room** |
| 9:25am – 10:45am | **Plenary Session**  *Panelists:*  *Donald Bowden, PhD, CCRP*  *Director, Center for Diabetes Research, Wake Forrest University*  *David Drozek, DO, FACLM*  *Assistant Professor of Surgery, Ohio University, Heritage College of Osteopathic Medicine*  *Venkat Narayan, MD, MSc, MBA*  *Ruth and O.C. Hubert Chair of Global Health, Director, Emory Global Diabetes Research Center, Professor of Medicine & Epidemiology, Emory University*    *Cynthia Blair, BA*  *Assistant director of Johnson City Schools’ Family Resource Center*  *Lynn Frierson*  *Assistant Regional Director for the Southern Region for Arkansas and Tennessee, Mended Hearts*  *Moderator:*  *Katie Baker, DrPH, MPH*  *Assistant Professor, ETSU College of Public Health* | * Review the barriers that effect the use of CT imaging of Coronary Artery Calcium (CAC) both practical and scientific and gain insight into ongoing research directed at improving CVD outcomes in type 2 diabetes patients * Discuss the value of using CT based imaging of CAC in designing prevention and treatment of patients with type 2 diabetes * Recognize the philosophical difference between Lifestyle Medicine and Conventional Medicine * List four areas of focus of Lifestyle Medicine * Describe potential results achievable with Lifestyle Medicine | Ballroom  2nd Level |
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| 10:45am – 11:15am | **Focus Groups & Key Informants Report**  *MaryAnn Littleton, PhD*  *Associate Professor, ETSU College of Public Health*  *Kristy Gagnon, MPH*  *DrPH Student, ETSU College of Public Health* | * Discuss important findings from the qualitative assessment methods carried out during Year 1 of the PCORI Project * Utilize information to assist with developing a research agenda for CVD in Central Appalachia | Ballroom  2nd Level |
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| 11:15am – 11:55am | **Lunch**  Visit **Vendors**  View **Poster Presentations** | | 1st Level |
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| 11:55am – 12:00pm | **Introduction of Keynote Speaker**  *Brian Noland, PhD*  *President of ETSU* | | Ballroom  2nd Floor |
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| 12:00pm – 1:00pm | **Keynote Speaker**  *Donnette Smith, BS*  *President-Mended Hearts* | * Discuss patient centric advocacy * Recognize the importance of peer to peer support for patients who have had a cardiac event | Ballroom  2nd Floor |
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| 1:00pm – 1:30pm | **Break**  Visit **Vendors**  View **Poster Presentations** | | 1st Level |
| **Thursday,**  **August 30th** |  | **Learning Objective(s)** As a result of participating in this activity, the attendee will be able to: | **Room** |
| 1:30pm – 2:30pm | **Breakout Session 1** | |  |
| Session A: | **Risk Factors: Social Determinants/ Culture**  *Speakers:*  *Rebecca Fletcher, PhD*  *Assistant Professor, ETSU Appalachian Studies*  *Arsham Alamian, PhD, MSc, MACE*  *Associate Professor, ETSU College of Public Health*  *Moderator:*  *Mary Ann Littleton, PhD*  *Associate Professor, ETSU College of Public Health* | * Analyze the potential effects of cardiovascular disease risk factors on subclinical atherosclerosis among asymptomatic patients in Central Appalachia * Determine the extent of the problem associated with metabolic syndrome in Hispanic pediatric population of Northeast Tennessee | Ballroom  2nd Floor |
| Session B: | **Managing Patient Populations**  *Speakers:*  *Shari Rajoo, MD, MS*  *Ballad Health, AVP, Medical Director: Population Health Services, AnewCare Collaborative, and HR Health Management Diabetes Program*  *Samantha Minc, MD, MPH*  *Assistant Professor of Surgery, Vascular Surgeon, West Virginia University*  *Moderator:*  *Rob Gregory, BS*  *Vice President of Operations at Karing Hearts Cardiology* | * Review the data currently available to understand trends in amputation across the state * Discuss how this data can be used to understand trends, and it's limitations | Room 220 |
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| 2:30pm – 3:15pm | **Breakout Session 2** | |  |
| Session C: | **Patient Care**  *Speaker:*  *Joseph Florence, MD*  *Director of Rural Programs at ETSU Quillen College of Medicine*  *Moderator:*  *Kristy Gagnon, MPH*  *DrPH Student, ETSU College of Public Health* | * Discuss the population health status of patients in Central Appalachia * List ways to improve patient care in Central Appalachia | Ballroom  2nd Floor |
| Session D: | **CVD Policies and Procedures**  *Speaker:*  *Bruce Behringer, MPH*  *Recently retired Deputy Commissioner for Continuous Improvement and Training for the Tennessee Department of Health*  *Moderator:*  *Hadii M. Mamudu, PhD, MPA*  *Primary Investigator for CVDAppalachia*  *Associate Professor, ETSU College of Public Health* | * Identify how policy fits into already established national frameworks for addressing cardiovascular disease issues and Describe a mix of types of policies available to use to address cardiovascular disease disparities * Assess how awareness of Appalachia regional characteristics influence cardiovascular outcomes | Room 220 |
| **Thursday,**  **August 30th** |  | **Learning Objective(s)** As a result of participating in this activity, the attendee will be able to: | **Room** |
| 3:15pm – 3:30pm | **Break** | | 1st Level |
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| 3:30pm – 4:15pm | **Breakout Session 3** | |  |
| Session E: | **Atherosclerosis**  *Speakers:*  *Jerry Blackwell, MD, MBA, FACC*  *Executive VP and Chief Clinical Officer, CVA, Ballad Health*  *Timir Paul, MD, PhD, MPH, FACC, FSCAI*  *Assistant Professor,*  *Department of Internal Medicines Division of Cardiology*  *Moderator:*  *Liang Wang, DrPH, MPH*  *Associate Professor, ETSU College of Public Health* | * Identify common pathways for atherogenic risk factors * Implement opportunities for optimal therapeutic intervention | Room 220 |
| Session F: | **Medication Adherence**  *Speaker:*  *David Stewart, PharmD, BCPS*  *Associate Professor and Vice Chair of Pharmacy Practice, PGY-2 Internal Medicine Residency Program Director, ETSU Bill Gatton College of Pharmacy*  *Moderator:*  *Jessica Burchette, PharmD, BCPS*  *Associate Professor,*  *ETSU Bill Gatton College of Pharmacy* | * Identify the challenges facing patients with cardiovascular disease in adhering to complex medication regimens * Describe strategies for improved medication adherence among patients with cardiovascular disease | Ballroom  2nd Floor |
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| 4:15pm – 4:30pm | **Break** | | 1st Level |
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| 4:30pm – 5:00pm | **Closing Remarks**  *Hadii M. Mamudu, PhD, MPA*  *Primary Investigator for CVDAppalachia*  *Associate Professor, ETSU College of Public Health*  *Amal Khoury, PhD, MPH*  *Professor and Chair for ETSU COPH: Department of Health Services & Policy*  *Associate Dean for Quality and Planning* | | Ballroom  2nd Floor |
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| **Disclosure Information and Potential Conflicts of Interest** | East Tennessee State University’s Quillen College of Medicine, Office of Continuing Medical Education (OCME) holds the standard that its continuing medical education programs should be free of commercial bias and conflict of interest. It is the policy of the OCME that each presenter and planning committee member of any CME activity must disclose any significant financial interest/arrangement or affiliation with corporate organizations whose products or services are being discussed in a presentation. | |
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| **Participants with No Potential Conflicts of Interest** | Each of the following speakers have completed a disclosure form indicating that neither they nor members of their immediate family have a financial interest/arrangement or affiliation that could be perceived as a real or apparent conflict of interest related to the content or supporters involved with this activity: | |
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|  | |  |  | | --- | --- | | **Activity Directors** | **Speakers** | | Hadii M. Mamudu, PhD, MPA | Donald Bowden, PhD, CCRP | | Amy Poole, MS | David Drozek, DO, FACLM | |  | Venkat Narayan, MD, MSc, MBA | | **Planning Committee members** | Cynthia Blair, BA | | Ginny Kidwell, MALS | Lynn Frierson | | Vicki Casenberg, BS | MaryAnn Littleton, PhD | | Cynthia Blair, BA | Kristy Gagnon, MPH | | Melissa Hood, BS | Rebecca Fletcher, PhD | |  | Arsham Alamian, PhD, MSc, MACE | |  | Shari Rajoo, MD, MS | |  | Samantha Minc, MD, MPH | |  | Joseph Florence, MD | |  | Bruce Behringer, MPH | |  | Jerry Blackwell, MD, MBA, FACC | |  | Timir Paul, MD, PhD, MPH, FACC, FSCAI | | |
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| **Conflict of Interest** | The speakers listed below have reported a financial relationships with commercial interests: | |
|  | **Speaker**  Donnette Smith, BS  David Stewart, PharmD, BCPS | **Conflict of Interest**  Spokesperson for Gilead on a campaign for angina. (Received honorarium)  Consultant to Edwards Lifesciences on SAVR and TAVR. (Received honorarium)  Other Remuneration (Speaker's Bureau, honoraria, travel expenses, conference registration fees, etc. / Janssen Pharmaceuticals - Xarelto speakers bureau) |
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| **Presentations** | Where the author has granted permission, presentations will be posted online and available to view or download [here](https://drive.google.com/drive/folders/1QdkY770FGyAfx1fJ_12NMeAolq_uGb8_?usp=sharing).  Not all presentations may be provided to OCME prior to the conference. All available presentations will be posted at the above web address within two weeks of the activity. | |
| **Conference Planner** | Melissa Hood, BS Educational Coordinator Office of Continuing Medical Education Quillen College of Medicine East Tennessee State University 423-439-8026 [hoodms@etsu.edu](mailto:hoodms@etsu.edu) |  |
| **Accreditation and Designation** |  | |
|  | This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of East Tennessee State University Quillen College of Medicine and the East Tennessee State University Health Sciences Center. The Quillen College of Medicine, East Tennessee State University is accredited by the ACCME to provide continuing medical education for physicians. | |
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|  | The Quillen College of Medicine, East Tennessee State University designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. | |
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