Agenda

Managing Opioid Prescribing and Pain Management

Methodist Medical Center, Ridge Conference Room

990 Oak Ridge Turnpike

March 5th, 2019

6:00 p.m. – 8:30 p.m.

Registration and Dinner 5:15 p.m.

1. Pain Pathways and Central Sensitization Dr. Don Teater 6:00 p.m.
2. Influential Factors Impacting Pain Dr. Don Teater
3. Behavioral Treatment of Chronic Pain Martha Teater 6:45 p.m.
4. Emotions and Pain

2) Special Populations

3)  Assessment

       4)  Goals

     5)  CBT - Cognitive Behavioral Therapy

6)  Mindfulness

7) Making Referrals to Behavioral Health Treatment

IV. Wrap Up & Evaluation 8:00 p.m.