

NAME : _____

DATE: _____

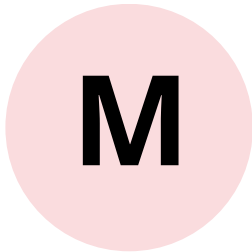
SMART GOALS PLANNER

Identify a goal that is specific, measurable, achievable, relevant, and time-bound (SMART). Break it into actionable steps, each with its own deadline.



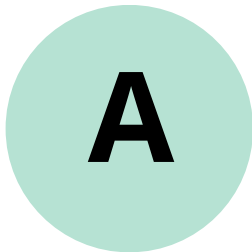
Specific

What exactly do you want to achieve?



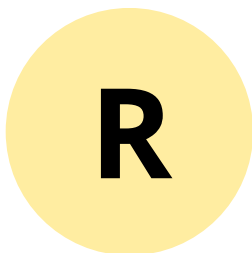
Measurable

How will you track your advancement?



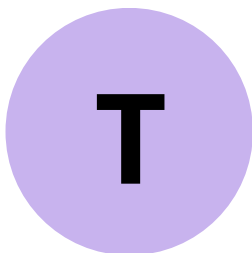
Attainable

Evaluate the feasibility of your goal.



Relevant

How does it fit into your broader objectives?



Time-bound

What is the deadline?