**Problem Solving Exercise**

1. What is the problem?
2. What are possible solutions? (Think of as many as possible without judging them!)
3. Which solution is most likely to succeed?
4. What barriers to the solution still exist?
5. What resources are needed first?
6. What will be your first step?

**Problem-Solving Steps**

1. Identify and explore the problem.
2. Brainstorm possible solutions.
3. Select the solution most likely to succeed. (Use pro/con list if necessary.)
4. Remove any barriers to success.
5. Identify resources needed.
6. Choose your first step.
7. Re-evaluate.